

OUR SERVICES

A Healthy Families Fairfax family support worker and a public health nurse WORK TOGETHER with you.

The family support worker visits you in your home on a regular basis before your child is born and continues for as long as you want until your child is five years old. Your nurse advises you on the health needs of both you and your baby.

All our services are free, private and confidential; participation is completely voluntary.

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A publication of the County of Fairfax, Virginia. Fairfax County is committed to nondiscrimination on the basis of disability in all county programs, services and activities. Reasonable accommodations will be provided upon request. For information, call, 703-324-7800; TTY 703-222-9452. To request this information in an alternate format, call 703-324-5870; TTY 703-222-9452.



United Community Ministries
Community Solutions
7511 Fordson Road
Alexandria, Virginia 22306
703-768-7106; TTY 711

Northern Virginia Family Service
10455 White Granite Drive
Suite 100
Oakton, Virginia 22134
703-385-3267; TTY 711

Reston Interfaith, Inc.
11150 Sunset Hills Road
Suite 210
Reston, Virginia 20190
571-323-9555; TTY 711

Fairfax County Department of Family Services
12011 Government Center Parkway
Fairfax, Virginia 22035
703-324-6802/7032; TTY 703-222-9452
www.fairfaxcounty.gov/dfs
Fairfax County Health Department
10777 Main Street, Kelly Square
Fairfax, Virginia 22030
703-246-2477; TTY 703-591-6435

Healthy Families Fairfax – a family support program in Fairfax County:

Healthy Families Fairfax



First-Time Parents

THROUGHOUT
*Pregnancy and
Your Baby's
First Years*



Healthy Families Fairfax

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Helping Parents Do Their Best

Healthy Families Fairfax is for parents who are expecting their first child and want help to be the best parents possible.

If you have questions about pregnancy, the best way to raise your baby, how to comfort her, how to understand and respond to his needs as he keeps changing and growing, Healthy Families Fairfax may be just the help you need.

During Pregnancy

We help ensure your baby's birth is healthy. We give you the information you need so you will know what to expect during pregnancy and while your baby is being born.

Skills and Resources

We teach new moms and dads about problem-solving skills you can use during different stages of your child's growth. And we connect you with help in your community, such as child care, transportation and training for employment.

Medical Care and Support

In addition to a public health nurse who is assigned to you, we can arrange medical care for you and your new baby so you can be sure your baby's shots are up-to-date. We can also help make arrangements if you want to meet with other new parents or with a counselor to talk about your concerns.

Tracking Your Baby's Progress

Together, you and your family support worker will keep track of how your baby develops during different stages of early life. As your little boy or girl grows, it is important to keep track of how he or she is doing to prevent any possible health or learning problems.

National Recognition

Healthy Families Fairfax
is nationally accredited
as a provider of highest quality
home visitation services
and has been
recognized by the
National Association of Counties
for its "tremendous work
and innovative ideas."